

Focus/ Thread	Nursery	Reception
Travel	Introduction to PE: Unit 1 Ball skills: Unit 1 Dance: Unit 1 Fundamentals: Unit 1 Gymnastics: Unit 1	Introduction to PE: Unit 2 Ball skills: Unit 2 Dance: Unit 2 Fundamentals: Unit 2 Games: Unit 2 Gymnastics: Unit 2
Safe space/ safety/ use of equipment safely	Introduction to PE: Unit 1 Dance: Unit 1 Fundamentals: Unit 1 Games: Unit 1 Gymnastics: Unit 1	Introduction to PE: Unit 2 Dance: Unit 2 Fundamentals: Unit 2 Games: Unit 2 Gymnastics: Unit 2
Balance	Introduction to PE: Unit 1 Fundamentals: Unit 1 Gymnastics: Unit 1	Introduction to PE: Unit 2 Fundamentals: Unit 2 Gymnastics: Unit 2
Control	Introduction to PE: Unit 1 Ball skills: Unit 1 Dance: Unit 1 Fundamentals: Unit 1	Introduction to PE: Unit 2 Ball skills: Unit 2 Dance: Unit 2 Fundamentals: Unit 2
Working with others	Introduction to PE: Unit 1 Games: Unit 1	Introduction to PE: Unit 2 Ball skills: Unit 2 Games: Unit 2
Send and receive/ Throwing & catching	Ball skills: Unit 1 Games: Unit 1	Introduction to PE: Unit 2 Ball skills: Unit 2 Games: Unit 2
Co-ordination	Dance: Unit 1	Dance: Unit 2 Games: Unit 2
Accuracy	Ball skills: Unit 1	Ball skills: Unit 2 Fundamentals: Unit 2 Games: Unit 2
Dynamic		Dance: Unit 2 Gymnastics: Unit 2
Understanding rules	Games: Unit 1	Games: Unit 2
Different body parts	Dance: Unit 1 Fundamentals: Unit 1 Gymnastics: Unit 1	Dance: Unit 2
Key Vocabulary		
Introduction to PE	Jumping, landing, follow, running, rolling, copy, lead, stopping, confidence.	Running, jumping, landing, rolling, sharing, stop, follow, take turns, cooperatively.
Fundamentals	Running, jumping, change direction, hopping, stationary, stopping, landing, explore.	Hopping, galloping, skipping, sliding, jumping, landing, change direction, running, stopping, explore.

Gymnastics	Shapes, jumping, rocking, rolling, copy, create, apparatus, taking weight, landing, actions, sequence.	Shapes, jumps, landing, rock and roll, barrel roll, straight roll, sequences, create, apparatus, develop, explore, over and through, linking actions.
Dance	Copying, performing, confidence, exploring, counting, awareness, repeat, link, express and communicate, imagination.	Copying, performing, confidence, counting, copy, create, imagination, express and communicate, link, repeat, pathways, shapes.
Ball skills	Rolling, stopping, target, bouncing, dribbling, kicking.	Rolling, tracking, dribbling, kicking, target.
Games	Running, change direction, striking, stopping, score, instructions, tagging, cooperatively, teams.	Running, change direction, striking, score, instructions, tagging, opponent, rules, cooperatively, team.